TIMES-VIRGINIAN

In the Heart of Virginia's Dark Tobacco Belt

Appomattox, Virginia

ESTABLISHED 1892

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BIBLE VERSE TO STUDY

"And thou shalt olve the Lord thy God with all thine heart, and with all thy soul, and with all thy might."

Deuteronomy 6:5

EVACUATING WASHINGTON

In recent days the national capital has experienced its first all-out evacuation effort. Everyone in Washington, including the President, was asked to observe the test, and the Chief Executive and most high officials cooperated.

The President left his White House duties and comforts to take part in the air raid drill, as a symbol of the seriousness with which he regards civil defense matters.

Yet there are many in this country — even in industrial areas — who refuse to take civilian defense precautions seriously. That is surprising in view of recent revelations showing what a hydrogen bomb could do, and hints that there are other bombs far deadlier than H-bombs.

President Eisenhower was asked, at a recent press conference this month, whether civilian defense precautions in this country were adequate. The President spoke out quite frankly, and said he thought civilian defense was of paramount importance, and that — unfortunately — there ware many people who were too busy to attach enough importance to it.

Meanwhile, on Capitol Hill, words of warning came from Admiral Arthur Radford, testifying before the House Armed Services Committee. He said he thought the recent blast of peace talk from Moscow was an effort to slow up defense precautions in this country, and whether they had any other significance, he said, was yet to be seen.

There is one school of thought that the menace of an attack from the Communists is greater when their words are softest. If that is true, the people of this country had better take the job of civilian defense, and related measures, seriously. If it is not true, such preparations will produce no ill ccects.

The Soviets have enough H-bombs at this time to drop numbers of them on every state in the Union. The small community, which feels it is relatively safe from enemy action, may be a terrible spectacle if another war starts as did the last one. Shelters, defense measures, evacuation techniques and a knowledge of what to do if caught in a radioactive fallout are serious matters. Knowing what to do and being prepared to do it will save your life in an attack. That would seem to be important enough to warrant some precautionary measures.

* * * * * *

JULY 4TH., 1955

On next Monday, July 4th., the people of the United States will celebrate the anniversary of the signing of the Declaration of Independence. This document, proclaiming the independence of the thirteen colonies in America, signed by the delegates to the Continental Congress, was, in some particulars, no more than a recognition of the existing state of affairs.

Signed by John Hancock, the President of the Congress, on July 4th., 1776, the Declaration was subsequently engrossed on parchment and signed by fifty-three members of the Congress on August 2nd of that same year.

Largely drafted by Thomas Jefferson, the Declaration of Independence expresses the essence of Jefferson's own personal political philosophy. This, briefly, is the idea that men are created equal and endowed by their Creator with certain inalienable rights, including life, liberty and the pursuit of happiness.

Moreover, to secure these rights, governments are instituted among men and derive their just powers from the consent of the governed. The Declaration asserts that, whenever any form of government becomes destructive of these ends, it is the right of the people to alter or to abolish it, and to institute a new government, laying its foundation on such principles, and organizing its powers in such form, as shall seem most likely to affect their safety and happiness.

It seems strange to us, in this day, to reflect that the Declaration of Independence, which proclaimed the principles of the colonists in their war for independence, does not express the spirit of some of the descendants of men who fought under General Washington. Human nature being what it is, it is perhaps inevitable that there should be a large number of people in every country devoted to the established order, whatever it is, and however it may have worked.

Whil we admire the handiwork of those who framed the machinery of our Federal Government, and we believe in the principles expressed in the Declaration of Independence, we find ourselves more tolerant of those who advocate changes from time to time. We believe that the defects of our present governmental system, whatever they may be, are due more to men than to the machinery of government and, we, therefore, realize that, from tiine to time, some adjustments are necessary.

We would suggest that our readers celebrate the anniversary of the signing of this historic document this year by taking the necessary time to reads its words. The reading of it would do us all good.

EDUCATION FOR LIVING

We read in a large city newspaper the other day that its high schools will plan to teach its students how to talk pleasantly, how to use good English, and how to be at ease in the presence of potential employers and other persons. The school officials have been led to institute the new course because of the discovery that many students, otherwise entirely capable, have missed the opportunity for jobs because of an inability to converse coherently or use correct grammatical construction.

All of us have heard young people — and adults, too — who apparently get tongue-tied in the presence of others. They stutter, stammer and seemingly lose all power of intelligent speech.

Therefore, it seems to us that the idea of such a course has possibilities in all of our schools. The time has long passed when school officials and teachers can be satisfied with pumping knowledge into the skulls of children.

Education, after all, is primarily intended to equip boys and girls for living. Very often, the student could afford to know less of factual information and more about the art of getting along socially and in a business way with other human beings.

* * * * * *

LET'S SAVE SOME LIVES

As we all know, there are more than 30,000 persons killed in motor vehicle accidents in this country every year. The American public, and that includes all of us, has been strangely apathetic over this terrible death toll on our highways.

We all seem to take it for granted that motor vehicles and dead pedestrians go together and evén if, at times, the occupants of the automobiles get killed, the accident is usually termed "unavoidable."

With the Fourth of July week-end in the offing, it is certainly timely to warn drivers of motor vehicles of all kinds to be particularly careful. Let's not permit this celebration to end in a carnage of death for hundreds of people. The oft-repeated warning, "The life you save may be your own" is worth becoming your motto.

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NOTES AND COMMENTS

Miracles rarely boom the growth of towns and cities; it is largely a matter of having some unselfish men who have some unselfish money.

* * *

Nobody likes to see American boys go into the Army for a two-year stretch, in time of peace, but it is better than seeing an army of occupation in the country for the same length of time.

* * *

When an individual decides that it is time to work for what he, or she wants, the individual is making some progress in life.

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Many wise men and women, in the years behind us, put their thoughts into words; you can find them in books if you have time to read a book.

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Initiative is a combination of brains and energy but blah blah and bustle can sometimes fool people.

* * * *

No community will grow and develop when its people are envious of each other.

* * * * * *

If you have doubt about the advantages in newspaper advertising just look as the number of business men who keep putting their advertising in The Times-Virginian.

Health and Beauty

Acne is a problem faced often by teen-agers, as if they didn't have enough emotional problems during that wonderful, but frequently trying period of their lives.

Acne is a disease of the tiny oil glands of the skins. It is found most often on the face. When these glands don't get the proper amount of stimulation in the form of exercise and thorough cleanliness, tiny red pimples form. The result is an acne condition of the skin.

The sooner you begin to work on a sluggish, acne-type skin, the better your chances are to prevent permanent scars. Proper cleansing and exercise must be coupled with at least eight hours of sleep each night. Drink plenty of water each day and get a certain amount of sunlight. Don't over-do the treatment, however.

Cleanliness is very important. Bathe frequently. Shampoo your hair as often as it needs it. Keep it free from oily or cream-type substances. Avoid eating rich or fatty foods of any kind. Chocolate, soft drinks, creamy foods, sugar, pastries and any foods rich in fats should have no place in your diet.

Never squeeze blemishes. Your doctor can give you a mild, non-irritating, antiseptic ointment that shrinks the pores, a good mild soap or a mild astringent to stimulate.

Don't try to treat an acne condition yourself. In case of acne at home, first consult a doctor.

ABOUT YOUR HOME

By Frances Dell

Refreshing cottage cheese is one dish that is as much at home in a cabin or a castle. It is high in protein and low in calorie count. This makes it the dieter's best friend. Good cooks tell us it is a wonderful mixer.

For warm-weather salads and desserts, cottage cheese is tops. Luckily, June is a big month for cottage cheese production.

Cottage cheese is made from skim milk. Usually some cream is mixed with the cheese curd. Dieters will be interested to learn that if the cheese contains four per cent, or more of fat, it is called creamed cottage cheese.

A delicious combination with almost all fruits and berries, cottage cheese can be tossed lightly in a green salad or served on lettuce as a salad by itself. An especially attractive way to serve cottage cheese is to make cheese balls rolled in chopped nuts and placed on a pineapple slice or a peach half.

Cottage cheese can be used as a base of a salad mixture, for stuffing celery or making sandwiches. A very good mixture that can be used for either combines one cup cottage cheese, one-half teaspoon bottled horseradish, one tablespoon finely minced onion, one-fourth cup chopped stuffed olives, salt and pepper to taste.

As a dessert, try making cottage cheese ice cream by adding two tablespoons sugar and one-half teaspoon vanilla to each cup of cottage cheese. Freeze in a refrigerator tray. Top with fresh fruit.

GOLDEN GLEANS

In a free state there must be freedom of speech. —Domitian.

Give me liberty to know, to utter, and to argue freely according to conscience above all liberties. —John Milton

Every man has a right to utter what he thinks truth, and every other man has a right to knock him down for it. —Samuel O. Johnson

For God's sake, let us freely hear both sides. —Thomas Jefferson

Men are never so likely to settle a question rightly as when they discuss it freely. —T. B. Macaulay

The most stringent protection of free speech would not protect a man in falsely shouting fire in a theatre and causing a panic. —Justice O. W. Holmes

NOW

Get on the FORD Bandwagon!

Come in and get our Leadership Deal

Save during our SUMMER BANDWAGON Sell-a-bration

You get Thunderbird styling, Trigger-Torque "Go" and Angle-Poised ride, plus the many other Ford leadership features . . . all wrapped up in a great Leadership Deal now during our Summer Bandwagon Sell-a-bration!

Now is the time to join the thousands who are swinging over to Ford. We're offering the "best buys" in the business to make *this* year the biggest in Ford history. Take advantage of our opportunity-packed Summer Bandwagon Sell-a-bration, *now!*

Get on the Ford Bandwagon. Drive the car that *sells* more because it's *worth* more—the power-packed, style-setting, smoother-riding '55 Ford.

Come in today and save

YOUR LOCAL FORD DEALER

GREAT TV, FORD THEATRE, WSLS-TV, THURSDAY, 8:30 P. M

A Son in Vermont

From where I sit ... *by* Joe Marsh

If You Can't Lick 'em—Join 'em

Just back from visiting with my daughter's family—and playing Grandpop to two of the cutest kids you ever saw. While there I picked up a couple of new ideas on child raising:

If your child's learning to use a pen, provide an old fountain pen—filled with bluing. Looks and writes like ink, but won't stain clothes or furniture.

Maybe you have a boy, like my grandson, who thinks he's too old for a bib—but isn't. A big cowboy bandana works just as well, and looks he-man to boot.

From where I sit, getting along with children is like getting along with grownups—it requires an effort to see things from the other person's point of view. At any age, there's no accounting for tastes. Take my neighbor who keeps a parakeet and drinks hot coffee in the summertime. That seems strange to me . . . a man who's partial to hound dogs and a cooling glass of beer. But I'd be "childish" to say it was wrong.

Joe Marsh

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...era

...ton, June 27.- The farmers have ...beautiful weather to harvest the ...ops.

...re having fine seasons. Such ...lds and no storms. Crops ...king fine.

...and Mrs. T. C. Harvey, Ma... and Harriette, visited in the ...e of Mr. and Mrs. L. H. Wat... Saturday night.

...Russell Chernault got badly ...Friday while harvesting his ...two fingers cut off, and bruis...

...re sorry to hear of the death ...Edd Marsh. We extend much ...y to his family.

...Grover Beasley is in the ...again. We hope for her a ...recovery.

Guests in the home of Mr. and Mrs. T. C. Harvey on Friday night were Mr. and Mrs. Homer Reynolds, Mrs. Allen O'Brien, Mrs. Mildred Alvis and Patricia.

The New Hope Choir had choir practice at the home of Mr. and Mrs. Homer Reynolds on Wednesday night.

Mrs. Wilson Scruggs. is in the hospital. We hope for her a speedy recovery.

The Bible School is being held at New Hope this week.

Miss Patricia Alvis will go to Blacksburg this week. She is taking a short course there.

The Ford Foundation has named a national committee to advise in the distribution of $50,000,000 to 50 to 100 colleges and universities for raising the salaries of faculty members.

NEWS from HOLLYWOOD

A story involving juvenile delinquency will be Keenan Wynn's first job since leaving M-G-M. He will have a co-starring role with William Campbelle, Kathleen Case and Mamie Van Doren, in "Girl in The Cage."

Milton Sperling, of United States Pictures, is determined to make a movie about Daniel Boone. To protect his priority, he has filed claim with the Movie Title Registration Bureau to "Young Daniel Boone," "The Story of Daniel Boone," "Adventures of Daniel Boone," and just plain, "Daniel Boone."

Screen rights to "Run Silent, Run Deep," a novel by Comdr. Edward L. Beach, U.S.N., have been purchased by United Artists, which heretofore have not bought plays or books, although it has helped to finance independent producers in acquiring story material. Commander Beach, who was captain of a submarine in the Pacific during World War II, will participate in a percentage of revenue earned by the picture.

Mary Astor returns to Hollywood after a five-year absence to portray the mother of Robert Wagner in "A Kiss Before Dying," which is now in production in Tucson, Arizona. Her last work before the film cameras was in Metro's "The Women." She then went to New York to become active in the theater and on television.

Most of the film, "Screaming Eagles," the story about Army paratroopers which Virginia Kellogg is writing for the screen, will be made at Fort Benning, Ga., starting on July 15.

Frank Sinatra's first independent picture will be "One Way Out." Don McGuire, who is writing the screen play for the film, will also direct it. The film is scheduled to be made in New York starting in January.

Ray Milland, who recently directed and starred in Republic's "The Hostage," has signed with that studio to make four additional pictures at the rate of one a year. In three of the four, Milland will direct, produce and star. In the other he will only direct and produce.

Coincident with Van Heflin's appearance on Broadway in the projected stage production of the Arthur Miller play, "A View From the Bridge," he will star as the young business executive in "Patterns," to be produced for United Artists, from the television drama by Rod Sterling. The picture will, of course, be made in New York City.

PLUMBING

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All Types Ditching

I am the Nation...

I was born on July 4, 1776, and the Declaration of Independence is my birth certificate. The bloodlines of the world run in my veins, because I offered freedom to the oppressed. I am many things, and many people. *I am the nation.*

I am 165 million living souls—and the ghost of millions who have lived and died for me.

I am Nathan Hale and Paul Revere. I stood at Lexington and fired the shot heard around the world. I am Washington, Jefferson and Patrick Henry. I am John Paul Jones, the Green Mountain Boys, and Davy Crockett. I am Lee and Grant, and Abe Lincoln.

I remember the Alamo, the Maine and Pearl Harbor. When freedom called, I answered and stayed until it was over, over there. I left my heroic dead in Flanders Fields, on the rock of Corregidor, and on the bleak slopes of Korea.

I am the Brooklyn Bridge, the wheat lands of Kansas, and the granite hills of Vermont. I am the coalfields of the Virginias and Pennsylvania, the fertile lands of the West, the Golden Gate and the Grand Canyon. I am Independence Hall, the Monitor and the Merrimac.

I am big. I sprawl from the Atlantic to the Pacific, 3 million square miles throbbing with industry. I am more than 5 million farms. I am forest, field, mountain and desert. I am quiet villages — and cities that never sleep.

You can look at me and see Ben Franklin walking down the streets of Philadelphia with his breadloaf under his arm. You can see Betsy Ross with her needle. You can see the lights of Christmas, and hear the strains of *Auld Lang Syne* as the calendar turns.

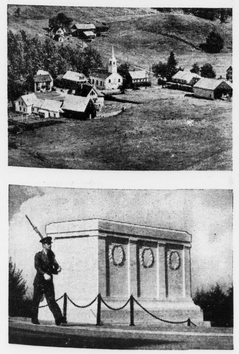
I am Babe Ruth and the World Series. I am 169,000 schools and colleges, and 250,000 churches where my people worship God as they think best. I am a ballot dropped in a box, the roar of a crowd in a stadium, and the voice of a choir in a cathedral. I am an editorial in a newspaper, and a letter to a Congressman.

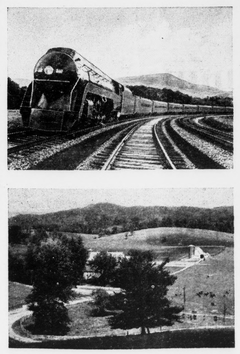
I am Eli Whitney and Stephen Foster. I am Tom Edison, Albert Einstein and Billy Graham. I am Horace Greeley, Will Rogers, and the Wright brothers. I am George Washington Carver, Daniel Webster and Jonas Salk.

Yes, I am the nation, and these are the things that I am. I was conceived in freedom and, God willing, in freedom I will spend the rest of my days.

May I possess always the integrity, the courage and the strength to keep myself unshackled, to remain a citadel of freedom and a beacon of hope to the world.

This is my wish, my goal, my prayer on July 4, 1955—one hundred and seventy-nine years after I was born.





Norfolk and Western Railway